

Practical Information

The background of the poster is a light green and white image showing laboratory glassware, including beakers and flasks, with some containing green liquids, and green leaves, suggesting a connection to natural products research.

IV Bio.Natural 2025
Bioactive Natural
Products Research
Conference
14-15 July 2025

CBIOS, Universidade Lusófona |Lisbon
Hybrid Conference
<https://bionaturalconferences.com/>

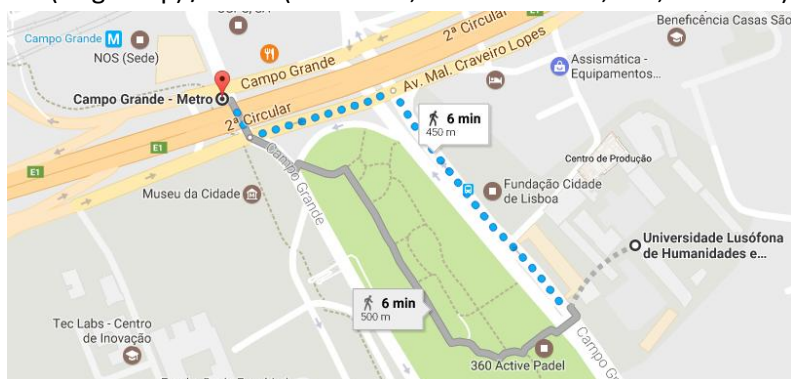
BioNatural Meeting (Lisbon, 2025)

Getting to Universidade Lusófona

The university is located at **Campo Grande, 376, Lisbon**. The easiest way to get there from Lisbon Airport is by **metro, bus, or taxi**.

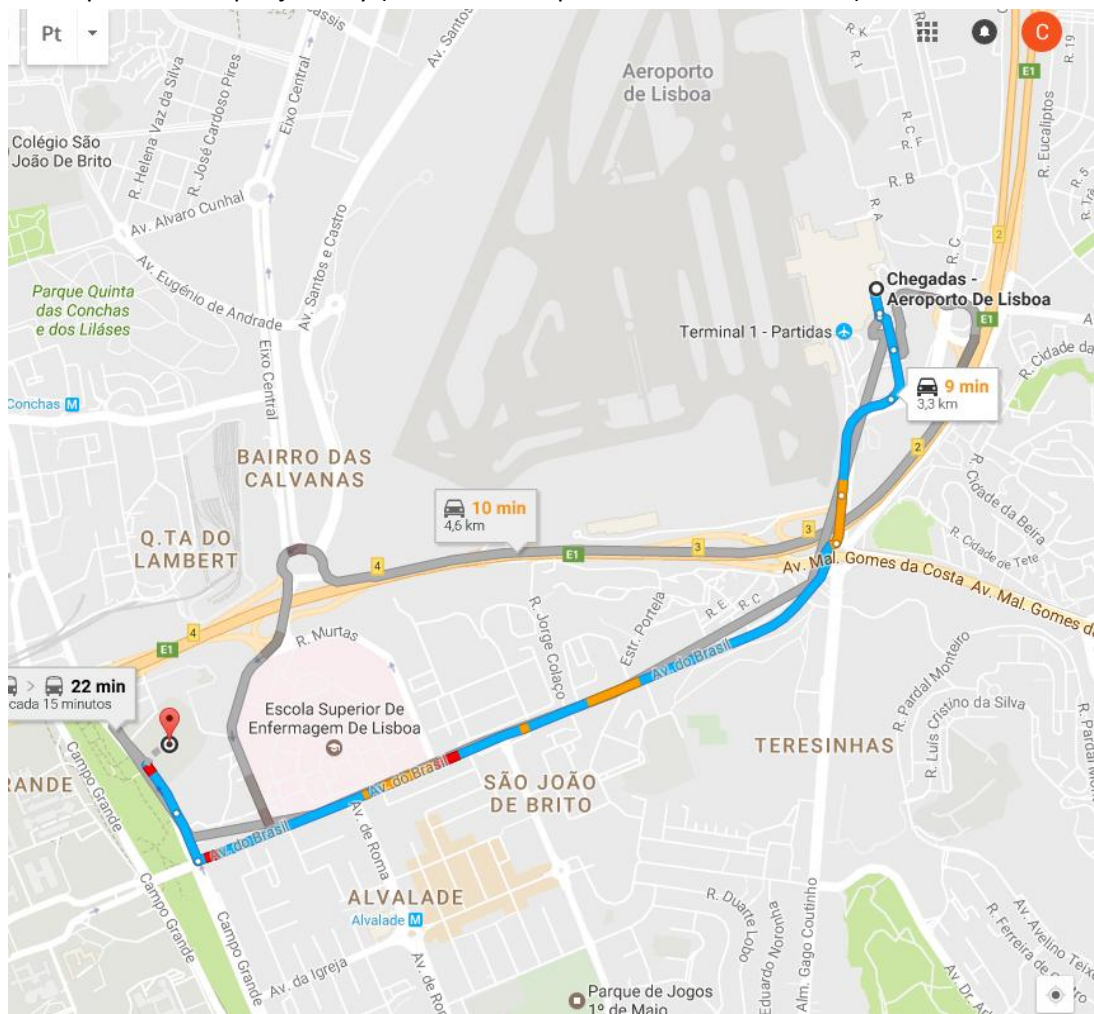
By Metro:

- Take the Red Line from the airport to Alameda.
- Change to the Green Line towards Telheiras and exit at Campo Grande.
- The university is within a short walking distance from the station.
- Ticket price: €2.50 (single trip) / €6.80 (24h ticket, valid for metro, bus, and tram).



By Bus:

- Take bus 783 (direction Amoreiras) from the airport and get off at Júlio de Matos.
- Transfer to bus 717 or 767, which stop directly in front of the university.
- Ticket price: €1.85 per journey (tickets can be purchased inside the bus).



By Taxi or Ride-Sharing:

- Taxis from the airport to the city center cost approximately €20.
- Uber/Bolt are also available and may be slightly cheaper.

Daily tickets for all transportations (bus and metro) are available at the price of 2 EUR found inside the metro.

The university is located at **Campo Grande, 376.**



Accommodation Options

Most distances from recommended hotels/hostels are easily reached by metro.

1. Radisson Blu Lisboa

- **Single room:** €110.00 | **Double room:** €120.00
- Contact: angela@continentalhotels.eu | rad@continentalhotels.eu
- Includes buffet breakfast, Wi-Fi, and VAT.
- **Municipal Tourist Tax:** €2 per night per guest (not included).

2. VIP Executive Entrecampos Hotel & Conference (4★)

- **Single room:** €85.00 | **Double room:** €97.00
- **Contact:** res.entrecampos@viphotels.com +351 210 043 000
- Website: www.viphotels.com
- Full payment required upon booking. Cancellation policies apply.

3. VIP Executive Zurique (3★)

- **Single room:** €79.00 | **Double room:** €91.00
- **Contact:** res.zurique@viphotels.com , hotelzurique@viphotels.com , +351 217 814 201
- Website: www.viphotels.com
- Full payment required upon booking. Cancellation policies apply.

4. Hotel 3K Europa

- **Single room:** €95.00 | **Double room:** €105.00
- Website: www.hotel3keuropa.pt
- Includes breakfast and VAT.



Budget Options (Hostels & Student Residences):

- Check available accommodations at [Ensino Lusófona](#).

Local Information

1. Weather in July

Lisbon in July is warm and sunny. **Temperatures range from 20°C to 30°C.** Light clothing, sunglasses, and sunscreen are recommended.

2. Food & Restaurants Near the University

- **Cantina da Universidade** (budget-friendly, inside campus)
- **Galeto** (traditional Portuguese food, 10 min walk)
- **O Poleiro** (Portuguese cuisine, 15 min walk)
- **Vegetarian/Vegan:** The Green Affair (Campo Pequeno, 20 min walk)

3. Emergency Contacts

- **Emergency number (ambulance, police, fire brigade):** 112
- **Closest hospital:** Hospital de Santa Maria (15 min by taxi)
- **Closest 24h pharmacy:** Farmácia Aeroporto (near the airport) / Farmácia do Campo Grande

4. Currency & Payments

- The official currency is the **Euro (€)**.
- ATMs are widely available. Major credit cards are accepted in most places.
- **MB Way** and **Revolut** are commonly used for mobile payments.

5. Public Wi-Fi & SIM Cards

- Free Wi-Fi is available at the university (EduRoam) and in many public areas.
- Prepaid SIM cards with data can be purchased at the airport or local stores (Vodafone, MEO, NOS).

6. Tourist Attractions (For Free Time)

- **Belém:** Jerónimos Monastery, Pastéis de Belém
- **Baixa & Chiado:** Historic streets, shopping, and cafes
- **Alfama:** Traditional Fado music, scenic viewpoints
- **Parque das Nações:** Oceanarium, riverside walk

For additional details, visit [Visit Lisboa](#).

We look forward to welcoming you to Lisbon!

If you have any questions, please contact us at
chairman@bionaturalconferences.com or Patricia.rijo@ulusofona.pt